



SEE IT! BREATHE IT!
LIVE IT!

LAMBDA



Thursday, February 5th, 2004

Volume #99, Issue #11

Official Student Newspaper of Laurentian University/
Journal Officiel des étudiants de L'Université Laurentienne

Model Parliament 2004



SO MANY
OPTIONS, SO
LITTLE TIME

• In Your Own
Words
p.2

• Classifieds
p.4

• Ask Alli
p.5

• Model Parliament
Continues...
p.7

• For You
Entertainment
p.9

• Amiable Librarian
p.10

• Right to Party
p.11

Model Parliament Highlight of Academic Career

By: Erica Robinson
Guest Column

Over one hundred Laurentian University students travelled to the House of Commons to participate in a simulated session of parliament.

On the order paper were bills like reinstating the death penalty and abolishing the monarchy. The Model Parliament is an annual event organized by Laurentian's Political Science Association. As usual it was led by award winning professor Rand Dyck.

This year more students participated than ever before. On January 9 the students spent a full day in the House taking on the roles of MPs. They followed Parliamentary rules under the guidance of Laurentian Graduate Neil McGraw, who acted as Speaker for the day.

McGraw, who is now a civil Servant, was once a model Parliamentarian himself. Students debated bills and the budget, much like actual MPs. The high-calibre speeches continued afterwards at a banquet at the National Press Club. Students were also given ample time to explore Ottawa and get to know the other participants. It is a great experience for the students, says professor Dyck, "they take

away quite a bit of knowledge about the way the House of Commons works. Socially, this is often one of the highlights of their whole academic careers."

Chas Anselmo, this year's Prime Minister, agrees: "it can really have a profound effect on students," he says "After my first year at Model Parliament I left the program I was in to go into political science."

According to Dyck this is not uncommon. He believes politics often seems "remote and academic" to students. "Talk about how the House of Commons works doesn't really interest most of them, but if they go and see it in action, or actually



are part of the action, then they realize how interesting and important it is."

This was the twelfth annual Model Parliament. More than thirty companies and individuals contributed to it financially.

Among these was Dan Charbonneau, the Laurentian student who helped found the Model Parliament. Charbonneau is now a committee clerk for the Senate and still attends. This was the third Model Parliament for Michelle Lavigne, president of the Political Science Association. It was, she says, "best of the three."

In Your Own Words Valentine's Day, Shmalentine's Day

By: Stephanie Worton
Editor in Chief

The first thing I visualize when I think of Valentine's Day is Cupid, the fat miniature angel wearing nothing but a loincloth, piercing someone's heart with his little arrow of love. And that is supposed to be romantic?

When I was a kid, every Valentine's Day was a day to give out cute little meaningless blurbs to everyone in my class. And every year, there was always one kid, whether it was the "uncool" one or the quiet one, who received nothing. Yeah, happy Valentine's Day.

Since those "good ol' days", company after company has found a way to market this so-called "lover's holiday" in order to make a huge profit, and quite successfully I might add. Since when does love cost money? Now, forget about those stupid reality shows, because I'm talking the real thing here. Cause yeah, it's nice to receive a gift from time to time, but I've always preferred spontaneity over pressure.

I have yet to meet a guy who doesn't feel the pressure to find the perfect gift to make his girlfriend's eyes light up and to get the point across that he really likes her or maybe even...oooh.... loves her. I must also say that some girls do not help the situation. It seems there is so much emphasis put on this one day. And if your guy truly loves you, he'll use Valentine's Day to



show you through gifts and gestures.

But what about every other day of the year? Isn't that what counts? The feelings expressed on Valentine's Day should be expressed every day. If someone truly cares about you, I think you would hear it more often than just once a year. But that's just me.

And don't get me wrong, I'm not a single young woman bent on giving grief to everyone else who has a partner, because I've already snagged my poor shmuck. But I'm a realist. I want my boyfriend to tell me he loves me of his own volition, not because some fabricated greeting card holiday sponsored by Hallmark compels him to.

In this day and age, profit is what keeps these "holidays" going. Companies produce commercials in order to sell, sell, and sell. They don't care about the supposed sentiment behind the day. They just want the cash it rakes in, and society unfortunately buys into it.

If it weren't a holy day of obligation for anyone within a 50-mile radius of a fuzzy stuffed bear to run out and buy one for their better half, I might view this day differently. I mean, everyone loves receiving, but it should be the little things that we often take for granted that warm and touch your heart.

More often than not, the gift you get on Valentine's Day is nothing more than a little something to say that you have upheld your end of the bargain and have fulfilled your duties.

Real love should not depend solely on one day, but on how you feel everyday.

So when Valentine's Day does arrive, hearing the words "I love you" from your partner should be enough of a gift, because you know that it came from his or her heart and not their wallet.

THIS IS YOUR TICKET TO WINTER FUN AND FREE K2 GEAR RIGHT NOW.



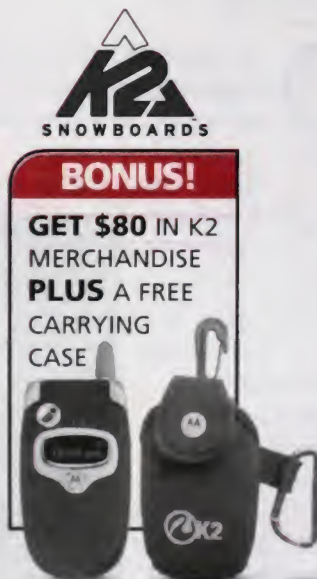
Motorola V300



Motorola T720



Motorola C370g



Motorola V300

COLOUR SCREEN PHONES

STARTING AT **\$24.99***

*100 2-year term
NO REBATE REQUIRED

No term - \$249**

MEGATIME PLAN - only \$25/month*

- All the weeknight and weekend calling you need**
- 100 weekday minutes
- Free incoming text messages

RIGHT NOW GET 3 MONTHS OF UNLIMITED TALK AND TEXT*

Canada's Largest Integrated Wireless Voice and Data Network



SHOP AT ROGERS.COM, 1 800 IMAGINE, A ROGERS™ AT&T, ROGERS PLUS OR ROGERS VIDEO STORE

RadioShack

ROGERS

FUTURE SHOP

STAPLES

SAVE \$50
WHEN YOU
BUY
ONLINE

Phones shown may not be available at all locations. *Phone price subject to activation on new 24-month service agreement. **System Access and Activation Fee, 911 Emergency Access Fee, pay per use Text Messaging, long distance, roaming charges and any additional service options that are selected and applicable taxes will also be billed monthly. ***Up to 1000 minutes per month. **3 Month offer includes unlimited local calling and unlimited text messaging excluding premium messages (Ringing, International, MSN Alerts, Contacts and Promotions) and is available on 2-year term only. Offer subject to change without notice. The, The Studios, and the The Studios logo are trademarks of The Wireless, Inc. © The Wireless, Inc. All rights reserved. ©2004 Rogers Wireless Inc. All rights reserved. *Rogers is a trademark of Rogers Communications Inc. Used under license. AT&T Corp. Used under license.

ROGERS AT&T
WIRELESS

SUDBURY

760 Notre Dame Ave.

525-5009

Supermall

1485 Lasalle Blvd.

566-7890

South Ridge Mall

1933 Regent St.

523-0013

Valest Mall

3140 Highway 69 North

897-7444

SAULT STE. MARIE

Station Mall

293 Bay St.

254-4988

143 Great Northern Road

256-5463

NEW LISKEARD

10 Whitewood Avenue

648-7000

NORTH BAY

North Bay Mall

300 Lakeshore Drive

494-6161

2123 Algonquin Avenue

472-2000

TIMMINS

Timmins Square Mall

1500 Riverside Drive

267-3400

ROGERS AT&T
WIRELESS
Authorized Agent

SUDBURY

444 Barrydowne Rd.

525-2019

SAULT STE. MARIE

Quatra Communications

274 Albert St. East

945-0258

NORTH BAY

The Cellular Centre

37 Lakeshore Drive

494-7777

TIMMINS

440 Algonquin Blvd. E.

267-4663

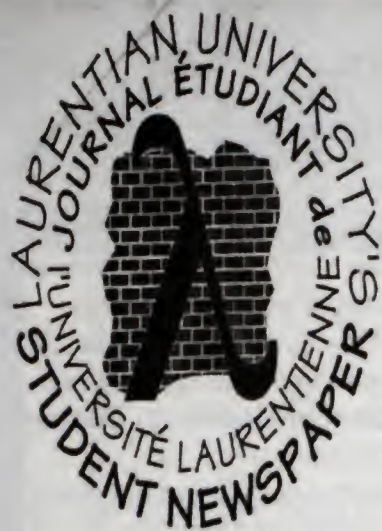
ROGERS AT&T

SUDBURY

New Sudbury Centre

1349 Lasalle

560-5747



Lambda Publications is the bi-weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by the members of the Students' General Association.

SCE 301 Student Centre
Laurentian University
Sudbury, ON, P3E 2C6
(705) 673-6548

Email:
lu_lambda@yahoo.com
or
lambda@laurentian.ca

Write to Us

But please remember to include your full name and student number. Articles and letters submitted lacking this information will not be considered for print. Please keep articles to a maximum of 700 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexual or for length. Letters of a harassing or slanderous manner will be dealt with by the proper authorities.

E-mailed Submissions

If you are emailing us a submission for the paper, please ensure that the attached file is saved as TEXT or Word, because we cannot transfer other files to Mac format. As well, please ensure all submissions have your name and student number because articles submitted lacking this information will not be considered for print.

Valentine's Day Survival Guide

By: Stephanie Worton
Editor in Chief

Here's a quick guide to surviving Feb. 14 without ripping your hair out - or other people's hair, for that matter!

1. Wear black, and lots of it.
2. If someone else in the office has received flowers, chocolate, singing telegrams, and other forms of dating expressions, glare at them. Snarling and grunting optional.
3. Same goes for anyone wearing excessive amounts of red. Especially if they are wearing heart-shaped items like pins.
4. Later in the day, eat the chocolate, run the flowers through a food processor, and beat the crap out of the singing telegram people. (Most people will thank you for this, anyway).
5. For the rest of the day, labor over the effect all that chocolate is gonna have on your waistline.
6. Return home and destroy at least one item given to you by an ex. Feel guilty. Call the ex. Make up story about having a hot date.

7. Watch TV. Turn off TV after noticing every channel is airing a clone of "While You Were Sleeping," "Titanic," or, worse yet, a "Friends" Valentine's Day.

8. Realize how lame not having a hot date is. Head to bar.

9. Plot massive torture of anyone who shows up at the bar with a date. Slow torture if the couple is in anything above semi-formal dress.

10. Massive quantities of alcohol. Beergoggling. Wake up next to someone - male or female - with way too much facial hair.

11. Remember (and regret) this incident for the next 364 days. Complain about never having a good V-Day.

12. Wait until some bizarre calendar date Hallmark has labeled "Sweetest Day." Rinse, lather, repeat to get in practice for next V-Day.

Note: If "Titanic" is on, it can be therapeutic. But only if you only watch the part where Leonardo DiCaprio sinks like a big, wet, adorable, lead anvil to the bottom of the North Atlantic! Same goes for the end of "Romeo + Juliet."

THINGS HALLMARK DOESN'T SAY

1. So your daughter's a hooker, and it spoiled your day. Look at the bright side, it's really good pay.
2. My tire was thumping, I thought it was flat. When I looked at the tire...I noticed your cat. Sorry!
3. Heard your wife left you, How upset you must be. But don't fret about it....She moved in with me.
4. Looking back over the years that we've been together I can't help but wonder? What the hell was I thinking?
5. Congratulations on your wedding day! Too bad no one likes your husband.
6. How could two people as beautiful as you... Have such an ugly baby?
7. I've always wanted to have someone to hold, someone to love. After having met you.... I've changed my mind.
8. I must admit, you brought Religion into my life.... I never believed in Hell till I met you.
9. As the days go by, I think of how lucky I am.... That you're not here to ruin it for me.
10. Congratulations on your promotion. Before you go... would you like to take this knife out of my back? You'll probably need it again.
11. Someday I hope to get married....but not to you.
12. Happy birthday! You look great for your age.... Almost Lifelike!
13. When we were together you always said you'd die for me. Now that we've broken up, I think it's time you kept your promise.
14. We have been friends for a very long time.... Let's say we stop?
15. I'm so miserable without you.... it's almost like you're here.
16. Congratulations on you new bundle of joy. Did you ever find out who the father was?
17. Your friends and I wanted to do something special for your birthday. So we're having you put to sleep.
18. Happy Birthday, Uncle Dad! (Available only in Tennessee, Kentucky & West Virginia)

Double the power of your degree
Hold the **World** in your Hand



The Post-Graduate
International Marketing Program

can put the global business community within your reach. Learn with industry practitioners. Gain insights into the European market, the culture and business environment throughout Latin America, the Asia Pacific nations, and the world. Get hands-on experience with valuable field placements. All in just eight months.

Call (416) 675-6622, ext 3207,
or e-mail peter.madott@humber.ca

HUMBER
The Business School

www.business.humber.ca

Lambda Classifieds

Employment Opportunity

Fundraisers

Attention all students!

Are you an Ontario resident?

Are you looking for a job?

Are you a full-time student?

Have you applied for OSAP?

If so the Placement Centre can help!

Our Work Study Program is looking for qualified students in order to fill on-campus positions.

The positions available are looking for students studying in the fields:

- Computer Science
- Nursing
- Social Work
- Biology
- Environmental Science

For further information or documentation, please contact:

Placement Centre
Room L-210 R.D. Parker
Building
Laurentian University

Tel: (705) 675-1151 ext. 1066
Email: mx_lavigne@laurentian.ca

El Club Hispano of Laurentian University is hosting a "Fiesta Latina" (Latin Party) on **Friday, February 27th** at the Caruso Club on Haig Street. This event is a fundraiser for a scholarship for Spanish students at the University as well as for the **Northern Ontario Cancer Research Centre** in conjunction with Collège Notre-Dame.

DJ Power Surge will provide the entertainment playing a mix of Spanish, Portuguese, Italian and English music. The doors will **open at 6pm** and **supper begins at 6:30pm**. Tickets are **\$25** each and are available at the main office of the Modern Languages Department on the **7th floor of the Parker Building** of Laurentian University or by calling Claire Raymond at 675-1151 ext. 4336.

Tickets can also be purchased by calling the Caruso Club at 675-1357, Helvi's Flowers Limited at 675-5251 or Kelly Lake Variety at 523-1211. Everyone is welcome! For more information contact: elclubhispano@hotmail.com

JOHN HOWARD SOCIETY OF SUDBURY BENEFIT PERFORMANCE

"ANNIE GET YOUR GUN"

Presented by:

Theatre Cambrian

Monday, February 23rd, 2004

Cambrian College Amphitheatre
1400 Barrydowne Road

Tickets only: \$12.00 per person

For information or tickets, please call or fax the John Howard Society at 204 Pine Street, Sudbury.

Phone: 673-9576 Fax: 673-1543 Evenings: 521-0693

100% of the money from the ticket sales go towards our work in the Sudbury community.

Volunteers Needed

Teach English Overseas



ESL Teacher Training Courses

- Intensive 60-Hour Program
- Classroom Management Techniques
- Detailed Lesson Planning
- Comprehensive Teaching Materials
- Internationally Recognized Certificate
- Job Guarantee Included
- Thousands of Satisfied Students

Oxford Seminars
1-800-269-6719

www.oxfordseminars.com

LSAT MCAT GMAT GRE Preparation Seminars

- Complete 30-Hour Seminars
- Proven Test-Taking Strategies
- Personalized Professional Instruction
- Comprehensive Study Materials
- Simulated Practice Exams
- Free Repeat Policy
- Personal Tutoring Available
- Thousands of Satisfied Students

Oxford Seminars
1-800-269-6719

www.oxfordseminars.com

Let's Make Cancer History

Sudbury, On, Monday, January 19, 2004 -- In 2003, it was estimated that 52,700 new cases of cancer would be diagnosed in Ontario and that 24,600 cancer deaths were expected. Furthermore, based on current incidence rates, 38% of women and 41% of men will develop cancer during their lifetime. Now is the time to make cancer history. Now is the time to raise the funds.

April is Daffodil Month, and the Canadian Cancer Society needs volunteers for their annual Residential Campaign. Canvassers are needed to knock on doors in their neighbourhoods to help raise much-needed funds for cancer research. Over six million people in Ontario have a direct connection to this disease yet less than 1% volunteer.

When the Canadian Cancer Society began in 1938, only one in five patients with cancer recovered. Because of the dollars raised, the volunteer backbone, and the generosity of the Canadian people, today one in two cancer patients survive.

Get involved today in honour/in memory of a loved one. Volunteer your time. For more information, call Shelley Vezina, at 670-1234 extension 231.

Together we can make cancer history.

Employment Opportunity

The Lambda Board of Directors
is currently looking for
An ASSISTANT EDITOR IN CHIEF

As an Assistant Editor in Chief, you will represent Laurentian students with their events, ideas and opinions to the Laurentian community and the community at large. You will also ensure coverage for events, sports and university happenings by soliciting and nurturing the writing staff.

The position of Assistant Editor in Chief will commence March 1st, 2004, at which time, you will begin training under the supervision of the Lambda Editor in Chief. You will assist in collecting, writing, and editing news from the campus of Laurentian University and news of local, regional, national or international nature of interest to the student body. You will also be required to learn the responsibilities involved in producing and publishing Lambda publications. This is a paid position.

As Assistant Editor in Chief, you will be governed by the Lambda Board of Directors to monitor the operations of the paper as well as ensuring that the Assistant Editor in Chief is performing in a fiscally responsible manner and adhering to the constitution of the paper.

The successful candidate should possess the following attributes:

Good writing and communication skills

A working knowledge of computers

Be outgoing and open-minded

An ability to multitask

Good time management skills in order to meet deadlines

Be a full time SGA/AGE student

It is assumed that the Assistant Editor in Chief, if successful will go on to the position of Editor in Chief of Lambda Publications for the 2004-2005 school term.

Application deadline is February 13, 2004 @ 4:00p.m.

Please forward resume to Erika Mieto, Chair of Lambda Board of Directors
935 Ramsey Lake Road, SCE 212 (SGA OFFICE), Sudbury ON P3E 2C6
or email president@sga.laurentian.ca



Think About Grad School At Western

Join us at our

OPEN HOUSE

for
Biological, Biomedical, & Physical Sciences
www.openhousegradstudies.uwo.ca

The University of Western Ontario
The Great Hall, Somerville House
Saturday, February 7th, 2004
9:30 am to 2:00 pm

- Meet current graduate students
- Speak to Canada Research Chairs & other scientists at Western
- Career Planning for Research
- Presentations from Participating Graduate Programs
- Poster and audio / visual displays of current graduate projects
- Lunch at Western's Grad Club

Participating Programs

Anatomy & Cell Biology	MD/PhD
Applied Mathematics	Medical Biophysics
Biochemistry	Microbiology & Immunology
Biology	Neuroscience
Biomedical Engineering	Pathology
Chemistry	Pharmacology & Toxicology
Environmental Science	Physics & Astronomy
Epidemiology & Biostatistics	Physiology



Please RSVP website or e-mail medicalbiophysics@uwo.ca

Italian Theatre at Laurentian University

For the 12th year, Le Maschere Laurenziane, a theatre troupe formed by students and professors in Laurentian University's Italian Studies Program, will present their annual stage production. This year, the troupe will perform an adaptation of *Non mi sposo per procura* (I Wont Marry by Proxy) by the Italian playwright Lina Riccobene on Friday, February 6, and Saturday, February 7, in the Thorneloe University Theatre, on the Laurentian campus. Everyone is welcome to attend.

The play is set in Gatchell, a Sudbury neighbourhood, in the 1950-60s and depicts the life of a 30 year-old Italian Canadian man who is pestered by his family to marry by proxy a young woman from the paese (his home country of Italy). He decides to travel to Italy to see the girl his family has recommended. A series of hilarious misunderstandings take place when Charlie, the main character of the play, tries to use Italian (the dialect used by Italian immigrants in Canada) to impress the family of his bride to be. The play is a testament to the life that Italian immigrants have made for themselves in their adopted homeland.

Lina Riccobene was born and resides in Sicily, Italy. She is especially known for her theatre and poetry in Sicilian. Her theatrical writings include: *La Dilianna* (1981); *Roba ... di casa noscia*, which won the F. M. Dostoevsky Priz in 1991; *Italia e li so figli* (1982); *Centuncinquantanni d'Italia* (1983); *Carnalivari e limperaturi* (1984); *Matrimoniu ppi procura* (1986); *Li devoti di la iacca* (1988); *Schetta nun tappi* (1989); *Arri e Catarrri* (1992). Her collection of poetry *Cirri di attese* enjoyed critical success in Italy and she appears regularly in anthologies of contemporary poetry.

Non mi sposo per procura will be performed by Le Maschere Laurenziane on Friday, February 6, at 11:30 a.m. and 8 p.m., and on Saturday, February 7, at 8 p.m. in the Thorneloe University Theatre, at Laurentian University. Everyone is welcome. Admission is \$2 for the Friday matinée and \$5 for the evening performances.

Summer Camp Jobs in the U.S.A.

Lakeside Residential Girls Camp in Maine - Visas Arranged

Counselors: Combined childcare/teaching. Must be able to teach or lead one or more of the following activities: gymnastics, tennis, swim, sail, canoe, water ski, arts (including stained glass, sewing, jewelry, wood, photo), dance, music, theatre, archery, wilderness trips, field sports, equestrian.

Service Workers: including openings for kitchen, laundry, housekeeping, secretaries, maintenance & grounds, and kitchen supervisor.

Non-smokers. June 18 to August 25. Attractive salary (US) plus travel allowance.

To Apply: Applications and photo gallery are available on our website: www.kippewa.com or contact us at the numbers listed below for a staff brochure.

Kippewa, Box 340, Westwood, Massachusetts, 02090-0340, U.S.A.
tel: 781-762-8291 | fax: 781-255-7167

ASK Alli

The In-House Advice Guru

Dear Alli

This may not be the most typical kind of question you receive, but in fact it isn't really a question. It is more of an experience that I wished to share with students who have had similar encounters, or even questions for that matter.

I have never considered myself to be a religious person at all. I do not believe in God, I do not believe in Jesus....many might say that I am an atheist. Well I don't think I'm this extreme, but I just had a hard time believing in something that I couldn't see or touch.

Anyway my grandmother passed away a few weeks ago and since then I have been struggling with the whole idea about God and Heaven and whether or not there is a special place for people to go when they die. So one day while I was making my bed my questions were answered. My grandmother you see was a fanatic about beds. Her beds were flawless and it seemed that I could never get it right myself.

But this one morning while I was making my bed I heard a voice...not literally like coming from above, but just inside me...and it was telling me to make the bed properly, like my grandmother used to say. So I undid the bed and made again, just the way she would have. Perfect hospital corners and everything.

But how on earth did I acquire this skill? I had never made a bed this way before in my life. Well, my answer to that is that my grandmother was with me, somehow somehow she was guiding me and helping me through. I don't necessarily believe in God or religion, but I do know now that there is something else, something more powerful than our existence, some kind of energy that brings us through the most difficult days.

Alli's Response,

Wow, I think this entry made me shed a tear or two! It was quite refreshing to receive such a positive story.

Thank you so much for sharing such an intense experience not only with myself, but the rest of Laurentian University Students. As a result of the fact that you are not asking a direct question, I will take this opportunity to simply comment on what you have shared.

It seems as though prior to your

experience that you may have been struggling with idea of being spiritual without being religious. More and more it seems as though this is a difficulty that many people encounter including students as they reach particular points in their lives that leads them to question meaning and existence.

However, according to Dudley and Helfgott (1990) religion is encompassed within spirituality, but spirituality is viewed as broader than religion. The distinction is that religion refers to formal institutional contexts for spiritual beliefs and practices, while spirituality refers to the human experience of discovering meaning, purpose, and morality (Dudly & Helfgott, 1990). However part of the fear and controversy that surrounds that of being spiritual lies within its relationship to religion.

The experience that you shared is parallel to many other accounts of people who do not necessarily fall into any particular religious sect. For example stories have been shared of people who avoid getting into the car because someone, or something tells them not to. These people claim that it was a deceased loved one, or perhaps their God preventing them from getting in a car accident.

Acknowledging the fact that the soul lives on and that those who die somehow have the ability to speak to us through our dreams or our unconscious is a wonderful gift. It does not necessarily mean that you are accepting God into your life, but that perhaps are you are opening the door to the possibility that an unknown energy or force allows us to be a part of this world, living or non-living.

Once again thank you so much for sharing your story with our readers. Below is a short list of services that you may want to consider accessing if you are in need of further guidance, or you simply want to talk about life!

Student Life
673-6506

Spiritual Life Services
675-1151 ext. 1080

Book
The Heart of Helping, By: Canda & Furman (1999)

All submissions are kept strictly confidential. Send all questions to
ask_alli@hotmail.com



Aqua Vees go 3-1 at York Swim Meet

The Aqua Vees traveled to Toronto Saturday January 31 to compete at the York swim meet as a tune up for the OUA Championships. The Aqua Vees went 3-1 defeating Ryerson (626-132), York (621-312), and Trent (601-252), but lost at the hands of the strong Waterloo squad (609-580).

The Men's team was off to a quick start Saturday at the York pool finishing first in the 4x100 FR relay swim with a time of 3:46:50. Trent's "A" team finished second behind LU and the York "A" team finished third.

Individual performances were the key to LU's success. Second year veteran Ryan Smith (Almic Harbour, Ont.) finished 1st in the 200 IM, 2nd in the 200 BR, and 1st in the 200 FL.

Rookie Marshall Bonner (Lotus, Ont.) kept up his strong sprint backstroke work for the Aqua Vees with a 2nd place finish in the 50 BK, a 3rd place finish in the 100 BK and a 3rd in the 50 FL. Kirk Flinn (Sudbury, Ont.) had a 2nd place finish in the 100 FL and in the 50 FR.

Aqua Vees Captain Willie Paul (Sudbury, Ont.) had a 2nd in the 400 FR, Brent Poulsen (Orillia, Ont.) finished 3rd in the 400 FR, and rookie Matt Puttkemery (Stayner, Ont.) rounded out LU's meet with a 1st place finish in the 200 BK.

Coaches Phil Parker and Dr. Jeno Tihanyi were pleased with the weekend's results. They stated, "We are not at 100% yet, but the team is certainly headed in the right direction. We have a very important week and a half coming up so they need to focus on training and recovery."

The Aqua Vees will continue to prepare for the OUA Championships, which are scheduled to take place at the University of Ottawa Pool February 13-15, 2004.

LU Hosts OUA Nordic Ski Championship

Laurentian University Athletics will be holding the OUA Nordic Skiing Championships February 7 and 8, 2004, at the Laurentian University Ski Trails from 9:30 am to 3:30 pm both days.

Participating teams include Lakehead University of Thunder Bay, University of Guelph, Queen's University, University of Toronto, Carleton University and Trent University. With fierce competition, these teams will participate under chief of race and Laurentian Head Coach Mary Waddell.

Laurentian's Nordic Ski

team has 11 OUA men's team Championships under their belt, and three OUA women's team Championships, including a win from 2002/2003. Laurentian also has won 10 individual men's Championships and three individual women's Championships; they are again hoping to come out on top on their home trails.

Saturday night, Laurentian Nordic will hold a banquet at the Howard Johnson Hotel and Conference centre.

Best of luck to Laurentian's Nordic Ski Teams!

January's Team of the Month: Lady Vees Swim Team

Laurentian Athletics is pleased to announce the Laurentian Lady Vees Swim Team as "January's Team of the Month".

During the month of January, the Lady Vees competed at the University of Toronto meet January 18 and at the York University competition January 31.

At the January 18th meet, the Lady Vees went 1-1 against Brock and U of T. The Vees defeated Brock by a score of 100-63 and lost to U of T 191-100. Stephanie Kuhn (Timmins, Ont.) led LU to their victory with two first place finishes in the 100 FR and 200 IM.

Coach Phil Parker stated after the meet, "I am pleased with the team's results and hope that they continue to improve for the OUA Championships in February."

The York University meet Saturday January 31 had much of the same performances from all swimmers. LU had a perfect 4-0 record defeating Ryerson, Trent, Waterloo, and the host team York. Kuhn had another excellent meet finishing first in the 200 IM, 100 FL, and 50 FL which helped the LU team defeat the other schools.

Parker added, "There were many great individual performances throughout the meet, but the team really came together and showed a lot of energy and enthusiasm from start to finish. This will definitely be a glimpse of things to come, as the team gets ready for the OUA Championships."

The Lady Vees will prepare for their next meet, the OUA Championships, February 13-15 at the University of Ottawa Pool.

Lady Vees Sweep York Swim Meet

The Lady Vees finished the regular season off with a perfect 4-0 record at the York University Pool Saturday January 31. The Vees proved to be a force to be reckoned with as they powered past Waterloo (800-531), Trent (817-438), Ryerson (830-278), and York (792-345).

All swimmers had an excellent day in the pool but rookie Stephanie Kuhn (Timmins, Ont.) led her team to victory. Kuhn had three first place finishes in the 200 IM, 100 FL, and 50 FL with times of 2:25.57, 1:06.40, and 29.54 respectively.

Other notable performances for the Vees included Courtney Hicks (Burlington, Ont.), Erin O'Neill (Sudbury, Ont.), Elisha James (Blackstock, Ont.), Anna Lech (Kanata, Ont.) and Leila Angrand (Sudbury, Ont.). Hicks had a 2nd place swim in the 200 IM and the 100 FL; O'Neill had a 1st place finish in the 200 FL; James had a 3rd place finish in the 50 BK; Lech finished 2nd in the 50 FL and Angrand finished 3rd in the 100 FL and 50 FL.

Coach Phil Parker commented, "There were many great individual performances throughout the meet, but the team really came together and showed a lot of energy and enthusiasm from start to finish. This will definitely be a glimpse of things to come, as the team gets ready for the OUA Championships in a week and a half."

The Lady Vees will continue to train for the OUA Championships, which are scheduled for February 13-15 at the University of Ottawa Pool.

Double the power of your degree

SELL

[yourself]

the post-graduate program in **Marketing Management**

In just eight months, Humber's program in Marketing Management can turn your university degree into an effective career strategy. You'll learn what it takes to impress marketing employers, including advertising, professional selling, marketing strategy, communications, international trade, marketing research and more.

Call (416) 675-6622, ext 3207,
or e-mail peter.madott@humber.ca

HUMBER
The Business School

www.business.humber.ca



"Pat and Mario's Athletes of the Week".

Laurentian Athletics is pleased to announce Jim Jefferson and Stephanie Kuhn as this week's "Pat and Mario's Athlete of the Week".

This past weekend, the Laurentian Voyageurs basketball team hosted the #1 and #8 ranked teams in the country, the Carleton Ravens and the Ottawa Gee Gees. The Voyageurs split the contests, losing 75-57 against Carleton, and defeating the Gee Gees 74-64 at the Ben Avery Gymnasium.

Jim Jefferson (Val Caron, Ont.) was a major factor in both games. Friday night against the Ravens, Jefferson was the leading scorer for LU with 25 points and he collected four rebounds despite the loss. Saturday night, Jefferson had another outstanding performance with 15 points and five assists in the Voyageurs' win. Jim Jefferson is a fourth year veteran on the Voyageurs, and is currently registered in the Arts program at Laurentian University.

The Voyageurs will be on the road this upcoming weekend when they travel to Kingston to face Queens and RMC. Game times have been set for 8:00 PM Friday and Saturday night.

The Lady Vees Swim Team traveled to York University Saturday January 31 to compete at the York University pool. The Lady Vees did exceptionally well in their preparation for the OUA Championships, recording a perfect 4-0 against Ryerson, Waterloo, Trent, and the host school York.

Stephanie Kuhn had an excellent day in the pool with three first place finishes in the 200 IM, 100 FL, and 50 FL. Kuhn's times of 2:25:57 in the 200 IM and 29:54 in the 50 FL qualified her for the CIS Championships to be held later in March.

Stephanie Kuhn is a native of Timmins, Ont., and is enrolled in her first year of the Human Kinetics program at LU.

A Needed Victory For Laurentian

The Men's Basketball team for Laurentian University won a great game against the University Of Ottawa by a score of 74-64 in the Ben Avery Gymnasium on January 31, 2004. In the first half, the Laurentian squad took the lead with some great shooting from beyond the arc and some good rebounding.

The Ottawa U team showed some very tight defense but the bounces were not going their way. Laurentian finished the half with a score of 35-21. Ottawa University managed to crawl back into the game and pulled to within six points near the end of the second half with their

great defense.

In the end, it was a game of foul shots and Laurentian hit 23 foul shots compared to Ottawa's 11. The final score was 74-63 in favour of Laurentian.

The leading scorers for Laurentian were Andy Greig (Tofino, BC) with 16 points and James Jefferson (Val Caron, ON) with 15 points and five assists.

Virgil Hill Head Coach of the Voyageurs said "we played a solid game throughout and Ottawa just couldn't get any closer." The Men's squad looks to walk away with another win next weekend on February 6, 2004.

Lady Vees Come Out On Top

The Laurentian Women's basketball squad won a close game against the University of Ottawa by a score of 83-73 in the Ben Avery Gymnasium on January 31, 2004.

In the first half, the Vees took an early lead with great shooting from their guards. With tough defense, the Ottawa U squad had a tough time trying to sink baskets from the inside and beyond the arc. The Lady vees lead at the end of the half by a score of 38-23.

The second half was a much closer affair with the Ottawa U team chipping away the lead and pulling to within ten by the

last five minutes. Laurentian managed to hang on through all the fouls that occurred in the last couple of minutes with some good foul shooting ending by a score of 83-73.

The leading scorers for the Lady Vees were Cassandra Carpenter (Kanata, ON) with 18 points and nine rebounds and Tierney Hoo (Huntsville, ON) with 15 points and three assists.

Head Coach Mike Clarke was pleased with the efforts of his team and said "we lost our composure but managed to hang on in the end." The Lady Vees look to continue their win streak next weekend on February 6, 2004.

Lady Vees' Outlast Ravens

The Laurentian Lady Vees' showed why they are a team to be reckoned with on Friday night as they defeated the Carleton Ravens by a final score of 62-51. The win improves the Lady Vees' record to 11-4 on the season. Friday night's game was played at the Ben Avery Gym.

The first half of the game was very close with the score 28-27 in favour of the Lady Vees' with 5:13 to go in the half. Laurentian then stepped it up a notch and headed to the locker room with a 38-29 lead. The second half was very even with the Lady Vees' outscoring their opponents by two points, 24-22.

Cassandra Carpenter (Kanata, ON) continued her string of strong games for Laurentian tonight with 10 points, five assists, five steals and four rebounds. Also helping lead the attack was Cara Dodsley (Tillsonburg, ON) who had 10 points and three rebounds. Carolyn Plummer (New Maryland, NB) finished the game with seven points and six rebounds.

Lady Vees' Head Coach Mike Clarke praised his team's defense following the game "we played a good game tonight and our defense was great at times." "Cassandra Carpenter played great again; she finished all of her shots. Christal Blanchard (Sudbury, ON) provided a big spark for us tonight, I thought" were Coach Clarke's comments when asked about individual performances.

Double the power of your degree

WWW

The Road to Success is paved in bits and bytes

the postgraduate certificate in e-Business

Your university degree was the first part of the journey; Humber is the next. In just one year, our new leading-edge program can launch you into the wired world of e-Business. You'll cover everything from e-marketing and branding to electronic commerce, and more.

Call (416) 675-6622, ext 3337,
or e-mail edmund.baumann@humber.ca

HUMBER
The Business School

business.humberc.on.ca

Voyageurs Downed by #1 Ranked Ravens

The #1 ranked Carleton Ravens proved to be too powerful for the Laurentian Voyageurs on Friday night. Carleton's offense never rested as they beat Laurentian by a final score of 75-57 at the Ben Avery Gym. The loss drops the Voyageurs record to 4-11 on the season.

Laurentian made a valiant attempt in the first half to stick with the Ravens and went to the dressing

room nursing a small deficit of seven points, 38-31. The second half is where Carleton took over and outscored their opponents 37-26.

James Jefferson (Val Caron, ON) had a very good night, collecting 25 points and four rebounds. Nathan Graham (Scarborough, ON) chipped in with 10 points in the losing cause.

Voyageurs' Head Coach Virgil Hill stressed

the importance of rebounds following this game "they out-rebounded us 41-26. You simply won't get enough chances when you rebound like we did tonight."

Coach Hill was also quick to point out the heroics of Jefferson's game "Jefferson gave us a chance to stay within striking distance of Carleton for almost the whole game, he was key for us tonight."

Model Parliament 2004



If I Was Prime Minister....

By Chas Anselmo

Each and every year, Magna International holds an essay writing contest entitled "If I were Prime Minister." At the same time, the Laurentian University Political Science Association hosts its annual Model Parliament in Ottawa. Many of you right now are not making the connection between the two. Well, during the months leading up and including January 9th, 2004, I WAS THE PRIME MINISTER despite the fact that Magna does not sponsor the event in any capacity or is likely to provide me with a job afterwards.

The job of being Prime Minister even for a day is one of constant change and challenge. I mean as Prime Minister I did not have the luxury of my fellow backbenchers who took the opportunity to have a great time in Ottawa the night before meanwhile I froze searching for a Canadian flag tie and edited speech after

speech after speech after speech....well, you get the point.

Of course, there are benefits to being Prime Minister at the time....the POWER. Yes, it is very intoxicating knowing that the other members of your party will follow your lead and you can crush the other parties with the simple words "We are voting NO!" Again, power is quite enjoyable along with being called the Right Honourable for a day. Personally, I think the Right Honourable Chas Anselmo has a nice ring to it.

During my four years of attending the Model Parliament, I enjoyed every afternoon when Question Period arrived and we, as Opposition, got to grill the Prime Minister for everything done or not done. Wow, it is all fun and games until I became PM. Question after question bombarded my poor desk and I will admit my answers were not always the greatest but hey.....it is QUESTION PERIOD, NOT

ANSWER PERIOD. They even asked about my recent haircut. Talk about merciless. That joy I used to experience could now only be seen in the eyes of my friends across the floor as I sweated out the good ol' QP. Let's just say my ability to dodge is well honed now.

But like all good things, an end did arrive. By 5pm, I was no longer PM. All that was left was the awarding of the engraved "retirement" plaque and a dinner. Okay, I am being severely melodramatic. My experience as Prime Minister is one that I will never forget but at the same time, I will never forget my time as a Model Parliament MP over the past four years. When given such an opportunity, you would have to be a fool to turn it down.

So, when next year rolls around, keep your eyes open when the Model Parliament buzz begins on campus. It is an experience that you will never forget and hey, maybe one day, you can be PM too.



Double the **power** of your degree

What's a company's greatest resource?

People.

Begin a new career with Humber's 8-month post-graduate certificate program in **Human Resources Management.**

Organizations of all types and sizes acknowledge that their most valuable asset is their employees. As a result, there's a high demand for professionals trained in the management of people. Humber can give you the skills you need, and prepare you for professional designation/accreditation by the Human Resource Professionals Association of Ontario (HRPAO).

Call (416) 675-6622, ext 3381,
or e-mail graeme.simpson@humber.ca

HUMBER
The Business School

www.business.humber.ca

Université de Sudbury
University of Sudbury
Ramsey Lake Road, Sudbury (Ontario) Canada
P3E 2C6 (705) 673-5661
Fax/Télécopie (705) 673-4912
www.usudbury.com

NEWS RELEASE COMMUNIQUÉ

Preparing Leaders for Effective Ministry to Youth

The University of Sudbury and the Diocese of Sault Ste. Marie are working in conjunction with the Centre for Ministry Development to provide leadership training for Coordinators of Youth Ministry and adult volunteers. By sponsoring the Canadian Certificate Program in Youth Ministry Studies, the University is making this national leadership training program available to local parish, school and community leaders.

The Canadian Certificate in Youth Ministry Studies provides a ministry education for youth ministry, campus ministry and religious education leaders, combining resources for youth ministry theory, skills and practice.

Here's what a few students in the program had to say:

"I am enjoying these courses tremendously. As a 7th - 12th grade math teacher, I have taken many an education course but found none as clear, practical and focused as the courses I have had the privilege to take thus far. I always leave motivated, full of ideas and ready to take the challenges ahead of me."

"I feel affirmed and challenged: I feel equipped to take these resources and make youth ministry happen in my parish."

Some of the topics include Leadership Skills, Evangelization of Youth, Pastoral Care, Justice and Service and Prayer and Worship.

The English language program will be offered for the **first time in Northern Ontario** in the spring of 2004. The first modules will be offered through the University of Sudbury as follows:

Principles of Youth Ministry

March 6th 2004
From 9 a.m. to 6 p.m.

&

March 7th 2004
From 9 a.m. to 4 p.m.

This course will be offered on site at the University of Sudbury.

Practices of Youth Ministry

Saturday mornings from 9 am to noon
March 20th 2004, April 3rd 2004, April 17th 2004, May 15th 2004 and May 29th 2004

This course will be offered on site at the University of Sudbury as well as through videoconferencing across Northern Ontario. Locations to be confirmed.

For more information, please feel free to contact the site coordinator, Irène Raymond, at (705) 673-5661 ext. 313 or by e-mail at iraymond@laurentian.ca.

Student Seat Sale! Europe This Summer

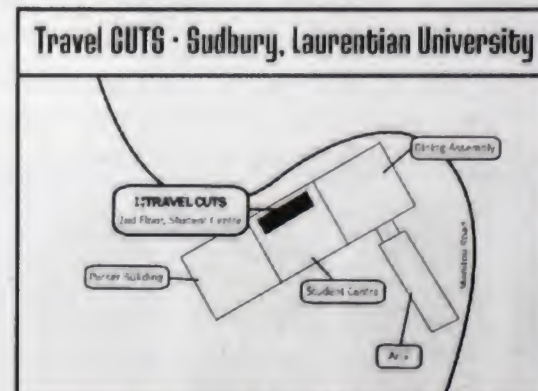
Unbeatable Travel CUTS fares in the heart of the student travel season. Fly when YOU want to.

Compare return fares from Toronto

Depart between April 05 and May 15. Return between July 10 and Sept. 06

TO	Travel CUTS Student Seat Sale	Other Guys Fares	You Save up to
LONDON	\$489	\$639-1088	\$599
AMSTERDAM	\$599	\$669-959	\$360
PARIS	\$649	\$749-1302	\$653
ROME	\$849	\$1039-1438	\$589

Fares correct at time of printing. Similar great fares available to other destinations.



Laurentian University
New Student Centre, Rm SCE-234

673-1401

TICO # 2569676

www.travelcuts.com

TRAVEL CUTS
See the world your way

Book early! Seat sale ends February 9, 2004!
Canadian students book over 400,000 trips annually with Travel CUTS

Fares shown are current seat sale fares on scheduled & charter flights. All fares shown exclude taxes and related transportation & service fees. Fares correct at time of printing. Eligibility: Full-time students (5K) & youth (YK) under 26. Travel CUTS is owned and operated by the Canadian Federation of Students.

"Down The Road" With the SGA/AGE....



By: Erika Mieto

SGA/AGE President

president@sga.laurentian.ca

On the evening of Saturday January 31st, 2004 the SGA/AGE held our fourth annual Charity Ball. The event was a huge success raising \$1500 dollars for Maison La Paix (Northern Ontario's only AIDS Hospice). This year's Charity Ball featured a black and white theme, and over 250 students attended the event at Laurentian's Great Hall.

I would like to thank our sponsors Ambrosia Jewellers,

Aramark, Food Basics, Fabricland, the Laurentian Ambassadors, Loeb Brady Street Market, The Pub Downunder, Praxair, Gilles Rivest, and JoAnn Wohlberg. I would also like to thank our volunteers, our Charity Ball committee, and our very own Vice President Student Services, Raye Lemke. Without the hard work of these groups and individuals this event would not have been possible, thank you!

If you are graduating this spring, be sure to drop by the SGA office to book your appointment for **GRAD PHOTOS**. There is no sitting fee and our photographer has various photo packages available that are very reasonably priced. The photographer, John Robbie will be here on campus till the end of February. For more information phone 673-6547 or see us in the SGA office.

SGA ELECTIONS are coming up fast with second semester well in gear. If you are interested in running for a position with the SGA/AGE please come visit us at our office. One of the members from our office

would be pleased to let you know what's involved with the various positions. All positions are open to contest by SGA members, and the positions include: SGA Executive (President, Vice President Student Issues, and Vice President Student Services), SGA Senators, SGA Commissioners, as well as SGA Off Campus Representatives.

Important Dates to Remember for SGA/AGE Election Period

March 1st to 12th – Pick up your nomination form at the SGA office, if wishing to run for a position with the SGA/AGE

March 15th to 23rd – Campaign Period, all candidates running for a position within the SGA/AGE will be out and about here on campus trying to let students know why they are best suited for the job

March 24th and 25th – Election, all SGA members should get out to polls and make their vote count by selecting candidates that best represent your needs here at Laurentian.

"Chaplain's Corner"



By: Father Gabriel, o.p.

On February 25th, Christians will enter into the season of Lent, where fasting and prayer, almsgiving and conversion are central, culminating in "Feasting" on Easter and Pentecost. All spiritual traditions have emphasized the importance of "fasting" and "feasting". And here's one for ALL Lambda readers.

FAST AND FEAST

Fast from judging others. Feast on the Spirit dwelling in them.
Fast from hostility. Feast on peace.
Fast from the emphasis on differences, Feast on the unity of life.
Fast from bitterness. Feast on forgiveness.
Fast from apparent darkness. Feast on the reality of Light.
Fast from thoughts of illness. Feast on the healing power of the Divine.
Fast from words that pollute. Feast on the words that beautify.
Fast from discontent. Feast on gratitude.
Fast from anger. Feast on patience.
Fast from pessimism. Feast on optimism.
Fast from worry. Feast on Providence.
Fast from complaining. Feast on appreciation.
Fast from negatives. Feast on affirmatives.
Fast from unrelenting pleasures. Feast on commitment to selfless love.
Fast from self-concern and self-pity. Feast on compassion for others.
Fast from personal anxiety. Feast on trust.
Fast from discouragement. Feast on hope.
Fast from acts that tear down. Feast on acts which build up.
Fast from thoughts that weaken. Feast on promises that inspire.
Fast from idle gossip. Feast on purposeful silence.
Fast from problems which overwhelm. Feast on prayer that uplifts.

2nd Annual LOCS FORMAL - Early Bird Special

LOCS formal will kick off March eighth six o'clock at the Caruso Club. With dinner, dancing and libations provided with you ticket it promises to be a great time. As a special incentive to get your tickets now we're offering them at a reduced rate up until Valentines Day.

Tickets		Non-drinkers Tickets	
LOCS Members	Non-LOCS Members	LOCS Members	Non-LOCS Members
Pre-V-Day	\$45	\$55	\$25
Post-V-Day	\$55	\$60	\$35

For more info drop us a line at lu_offcampus@hotmail.com

LOCS Hockey Tourney This Weekend!!!!!!!!!!!!

Ahoy everyone! Welcome back from your holidays I hope your holidays were as productive and fun filled as mine were. And just so you know Prince of Persia: Sands of Time on Xbox ROCKS ASS! If you are in any way a fan of vids you've got to give it a whirl. Anyway, back to the reason I'm writing this article, LOCS. The LOCS executive has a tonne of cool events planned this semester. But before I get too far into pumping them up I have to distribute a few thanks.

Everyone here, e.i. My basement, wants to extend our gratitude to Molson, Lockerby Cabs and Tommyknockers Pub for their support of our Welcome Back Party. As per usual Molson made the night with a boat load, I was saving that one for Cortina Cruise but I guess we're not doing that, of prizes. So thanks goes out to George, Melissa and Reid. Plus we've really got to thank Lockerby Cabs who totally came through by donating a few hundred bucks worth of free cab rides for our grand prize. Lastly our thanks goes to Tommyknockers for hosting the Laurentian Off-Campus Student Welcome Back Party. It was my first time there and I was pretty impressed with the place, they've got shuffleboard.

It's going to require some further research but they may have bumped Grumblers from second to third best wings in Sudbury; with the Doghouse, of course, having the best wings in the whole 'bury.

Speaking of the best in Sudbury, the city's most exciting hockey tourney is fast approaching. And by fast approaching, I, of course, mean this weekend (Feb 7th & 8th). Advanced notice? Bah! Who wants that? Anyway, it's going to be super fantastic, that's right I said super fantastic, so come on out and support you're favourite team. Watching the LOCS hockey tourney is the next best thing to having a Varsity hockey team. And probably about as close as any of us will ever be to seeing one. Plus, I believe this year we've upped the number of teams from six to eight and we've spread the event over two days. So the tourney will have all the fun and shenanigans of last year times two. But wait! There's more! We'll also have a garden where you can grow you're own beer tree. Wink, wink.

A little further off is LOCS formal. But that doesn't mean you shouldn't be thinking about it already. Tickets are specially priced from now until spring break. That means until prices

go up Valentines Day. So fellas pick up tickets for you and your partner soon. As for pricing details please and see our ad, it'll make way more sense in that format than trying to explain it here. Tickets seem pricey? Think about all you'll be getting. First off, we'll be feeding you and not just the usual, "Here's a block of cheese and a box of crackers." We'll be giving you a whole meal, chicken I think, as catered by the Caruso Club. In case you haven't had a chance to eat there before Caruso food = good. Mmmm...I wish I was eating Caruso food right now. Secondly, it will not be a cash bar. The only money you'll need to bring with you is what you'll need for a cab ride home. Third, kick ass prizes! I've got the an awesome Renegades jersey that I won last year, thanks Ried, and we gave out a tonne of other cool gear. This year promises to have better prizes and more of them.

So, my point is that the ticket prices are totally worth it. Come on out and I promise you'll have a great time.

Until next time; take care.

Doc

LOCS Media Dude

You Gotta Fight For Your Right To Party

By Taryn Verde
Lambda Contributor

Partying is what university students do best. If there was a course on how to party, it would be an easy A+ for everyone. Whether it is bar hopping on Friday nights or hosting a keg party on Saturday or even just playing a few board games with friends, memories are always in the making, ones that will last a life time. Will we really ever forget our university experiences? Unlikely! Even at their middle-age, I still listen to family members talk vividly of their late nights, wild parties, tiresome classes and the bestest friends that got them through it all.

In the past two weeks I have attended a few events put on by the SGA and company. I decided that it was about time to soak up some of the Laurentian atmosphere and experience the true meaning of what it is to be a Voyager. The first outing would be the Toga party that was put on by the SGA and the Pub Downunder. They advertised that this Toga party would put Animal House to shame... well... let's just say it was no competition. Three friends and I ventured out in forty below weather wrapped in bedsheets just so that we can have a few drinks and party with our fellow Laurentian Toga-goers.

Lets just say, on this cold Friday night we four were the only Roman wanna-be's in the whole Pub until they closed the place up at a nice and early time of 12 midnight. This sounds like something from a MasterCard commercial: White Bed Sheet - \$7.99; Sandals - \$20.00; Pitchers of Beer - \$10.00 each. Getting free stuff for being the only four people at a toga party dressed in toga's - **Priceless**. Mind you, there was only about 20 people in the whole pub to begin with, so 1/5 of us wore toga's - I guess when I put it like that, it isn't that bad. In anycase we had our own fun (have to make the best of it, right?), chugged our beers,

received free stuff like the usual CANADIAN visors and beer holders and then were on our way at the stroke of midnight. It was honestly the first toga party I have ever been to, and probably the worst toga party that ever existed - at least we have those bragging rights and a few memories on the side!

Just this past Friday, January 30, a group of friends and I attended the bowling fundraiser at Holiday Lanes to help support children's literacy. The bowling alley was packed with supportive LU students testing out the age old fact that the more you drink the more gutter balls you throw. There was over \$400 in GREAT prizes that were won with odds in our favour (I even won something, and I NEVER win!) with the grand prize of a weekend car rental.

Judging by the great turnout (every lane was packed with excited Laurentian bowlers) the fundraiser was a huge success, and we all had tonnes of fun. What's better than winning prizes, Glowin' and Bowlin', dancing, hanging with friends and fellow students and helping kids read all at the same time? Hmm... can't think of anything at the moment. I must say thanks to the organizers, volunteers and staff that dedicated their time towards hosting such a fun and successful event. Memories were made. Children were helped.

Last, but not least, the fourth annual Charity Ball! The SGA can really put on a good show. The black and white attire was a great idea and made the event look high class and elegant. The food was good, the drinks were good, the music was good, the company was good, BUT the money raised for Maison Le Pax was excellent. \$1500! Congratulations LU! When it comes to partying we sure know how to do it right. I had a blast dancing the night away, if I only knew how sore I would be the morning after! But it was worth it and once again for a good cause.

As our remaining time at Laurentian pro-

gresses and we continue to learn about the structure of a molecule or how to write the proper English essay, may we never forget that we are also learning even more about life. Life cannot be taught by reading what some philosopher had to say about it in a text book. You'll only learn about life by actually going out there and living it!

Get involved with all that the SGA staff and Laurentian clubs have to offer and make the most of it (kind of like that toga party!). Round up your old friends and make some new friends - expand your social circle. Get involved and make the most of your university experience. Hey, and if you like to write and voice your opinion, the LAMBDA is always looking for exciting writers, new ideas and informative (or goofy) articles.

Don't be shy! The SGA team has been working extra hard to make this year the best one yet, and so far I think they did a fantastic job - and to think, this school year isn't over yet. So gather up your "party posse", however big or small, grab a few camera's, meet a few people; drink a little, laugh a little, participate at least a little. I can guarantee you won't be sorry.

Though the workload gets a little rough at times, we all need to relax. My only wish is that in twenty years from now, when grey hairs start to sprout, that you can think back on your years at university and smile, laugh or just plain shake your head as you mumble to yourself, "Good times! Good times!" And, finally, may we always believe in the wise words of the Beastie Boys: **"YOU GOTTA FIGHT FOR YOUR RIGHT TO PARTY!"**

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

~ Mark Twain ~

Ready for a fresh start?

This September, enroll in one of Canadore College's programs to kick-start your career!

Consider our programs:

- Journalism
 - Print and Broadcast
- Business
- Drug and Alcohol Counsellor
- Hotel, Resort and Restaurant Management
- Respiratory Therapy
- Correctional Worker
- Social Service Worker
- Police Foundations
- Early Childhood Education

Give us a call to discuss these programs and to find out if you qualify for transfer credits!

Canadore College
North Bay, Ontario
(705) 474-7600 ext. 5123
TDD: (705) 495-2862
admissions@canadorec.on.ca



Progress on MD Program Based on Aboriginal Workshop Report

In June of 2003, the Northern Ontario Medical School (NOMS) convened 130 delegates from Aboriginal communities and organizations across Northern Ontario. In this three-day forum, the School learned what the Aboriginal communities viewed as goals for the undergraduate MD program.

Since that time, the School's governance structure, admission processes and curriculum content have developed using the information documented in the Aboriginal Workshop Report and the guidance of individuals and organizations that attended the Workshop.

Today, progress on goals was addressed by Lakehead University President Dr. Fred Gilbert, who is Chair of the Board of the Directors of the Northern Ontario Medical School; Dr. Roger Strasser, NOMS Founding Dean; and Goyce Kakegamic, Deputy Grand Chief Nishnawbe Aski Nation and member of the Board of the School.

Major themes which emerged from small circle discussions at the Aboriginal Workshop, were:

1. The need for a pathway which encourages and nurtures Aboriginal peoples into and through medical school.
2. The need for faculty, staff and pro-

grams to acknowledge and respect Aboriginal history, traditions and cultures.

3. The expertise and resources in Aboriginal communities which could assist in the growth and development of the School.

4. The opportunities for collaboration and partnerships to the mutual benefit of Aboriginal communities and the School.

5. The challenges and specific health priorities of the Aboriginal communities.

Dr. Roger Strasser, NOMS Founding Dean, in the report's letter to participants, praised them because they "demonstrated to the School, the richness and cultural diversity of their communities, their deep commitment and a willingness to share their experiences. For this we are honoured."

A new medical school for the whole of Northern Ontario, the Northern Ontario Medical School is a joint venture of Lakehead and Laurentian Universities. With main campuses in Thunder Bay and Sudbury, we will have multiple teaching and research sites distributed across Northern Ontario, in large and small communities. The School contributes to improving the health of people in Northern Ontario.

The Amiable Librarian

This column is based upon remarks on the Compliments / Questions / Suggestions sheets located near the exit of the J.N. Desmarais Library as well as on input from library staff as they react to student concerns. If you would like to get in touch with the Amiable Librarian, email Lambda@laurentian.ca

Question: I would like a list of the Journals that you have at the library. Since I live on Manitoulin, I don't want to drive to Sudbury if you don't carry the Journal.

"G"

Answer: I assume that you have already used the database on the library's website (laurentian.ca/library) to find the article you are interested in. From there, click on the catalogue, type in the name of the journal the article is in, click on the Search For menu until you pick Periodical Title, and then click Search. Three clicks, that's it.

If your search doesn't produce any result, check the spelling and do it again. Alternatively, because, depending of the source from which they have been taken, journal citations are not 100% accurate, try typing in only some of the more significant title words. You could retrieve the Canadian Review of Sociology and Anthropology by typing in "Canadian sociology" -- still using the "Periodical Title" option.

Conversely, your search produces too many results sometimes. If you typed in Science as your periodical title, you would get over 600 results. You may reduce these by scrolling down to the bottom of the first page of results then clicking on Exact Content. If you do this, then there will only be two which come back. Both of which are called 'Science'.....

By the way, if the library doesn't subscribe to the journal you are looking for, you can order any articles you need using the interlibrary loan form available under the Services button on the library's home page.

Question: I am looking for an example of Master's thesis in biology. Can you help?

New Graduate Student

Answer: A thesis, for those not familiar with the term, is normally a fairly lengthy piece of work based on original research which is handed in to fulfill a degree requirement. At Laurentian, original copies of all theses are held on the ground floor in the Special Collections and Archives area.

You may find what is there by going to the catalogue, clicking on Switch to Power Search, and then under type, scroll down to Thesis. If you do that alone you will get close to 2400 results.

That's because the Laurentian collection contains not only Masters theses but a huge amount of undergraduate theses as well. If you want to limit your search by department, such as Biology, click on Item Category and then scroll down to pick Biology (Science and Engineering). Reclick -- you will get 320 results.

And now... for some news. Last week the National Library of Canada opened up its Theses Canada Portal. You can find it listed on the library home page under Reference Tools à Theses. When you arrive at the portal you can search the National Library's online catalogue for all the Canadian theses and dissertations in its collection and access for free the full-text of electronic theses covering the period from 1998 to 2002. Interested in reading an example of a biology thesis at LU?

When you get into the portal, click Advanced Search / Electronic theses. Then scroll down to the University Field and type in Laurentian University. You will get 158 results-full text. Unfortunately, you cannot limit your search by subject-but it won't take you too long to separate a Biology thesis from one in History. If you know an author-it will be even easier.

Plus, you don't have to come to the library now to read one-you can check it out online! Of course, this is not to say you aren't welcome to come to the library and read it off one of our many computers. We're always glad to have you.

Question: Hello. Do you have the following book for sale: BRAY [Matt] & EPP [Ernie] [Editors] A VAST AND MAGNIFICENT LAND: AN ILLUSTRATED HISTORY OF NORTHERN ONTARIO [Tor. 1985 Centennial Project of the Ontario Ministry of Northern Affairs 3rd. Print, with Biblio, Two Maps at End [xviii] + 205 Pages 4to. Cloth, Pict. Dj.?

Bob Saunders

Answer: The library does not normally sell books-although we do have a few surplus ones for purchase near the circulation desk. Yet as it turns out, we do have the French version of the VAML, but not the English. What help that offers you - the Amiable does not know. If you speak French, then it should help quite a bit.

If not, you can obtain the English version of an out of print book the same way the order department of the library does regularly-start from the library home page, click on 'Reference Tools', and then 'Books, Out of Print'.

The Amiable's favourite site is 'Add All', and if you enter 'Vast and Magnificent' there, you will find plenty of copies at prices ranging from \$20 to \$50 bucks. Pick one, place your order, supply your credit card number-and watch the mail intently.

You're going places.
Go Greyhound™



Marcus, 22
Aspiration: Stand Up Comic

STUDENT FRIENDLY FARES

You're going places in life, but right now you're just going home for a break. With thousands of destinations and great everyday low fares, Greyhound gives you the freedom to go more places more often.

FROM SUDBURY* (ONE WAY PLUS GST)

NORTH BAY	\$17 ⁵⁰	SAULT STE MARIE	\$33 ⁵⁰
TORONTO	\$44 ⁵⁰	PETERBOROUGH	\$57 ⁵⁰
OTTAWA	\$58 ⁵⁰	LONDON	\$67 ⁵⁰

*Valid Student ID required. Call us for more details.



For local info contact:
854 Notre Dame Avenue
(705) 524-9900



1-800-661-TRIP (8747) • www.greyhound.ca

Just a Thought

By David Cameron

The 92-year-old, petite, well-poised and proud lady, who is fully dressed each morning by eight o'clock, with her hair fashionably coifed and makeup perfectly applied, even though she is legally blind, moved to a nursing home today.

Her husband of 70 years recently passed away, making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, she smiled sweetly when told her room was ready.

As she maneuvered her walker to the elevator, I provided a visual description of her tiny room, including the eyelet sheets that had been hung on her window. "I love it," she stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

"Mrs.. Jones, you haven't seen the room just wait." "That doesn't have anything to do with it," she replied. "Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged... it's how I arrange my mind. I already decided to love it. "It's a decision I make every morning when I wake up. I have a choice; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do.

Each day is a gift, and as long as my eyes open I'll focus on the new day and all the happy memories I've stored away ... just for this time in my life. Old age is like a bank account ... you withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories.

Thank you for your part in filling my Memory bank. I am still depositing.

Remember the five simple rules to be happy:

1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less.

For Your Entertainment

The Butterfly Effect Shows Darker Side of "Kelso"

By: **Stephanie Worton**
Editor in Chief

Latching on to an absolutely preposterous premise about alternate realities and mysterious mental maladies, the writing-directing team of Eric Bress and J. Mackye Gruber manufacture an entertaining piece of supernatural nonsense whose sheer audacity disarms all (well, nearly all) skepticism. The only downside to the outrageous story line is the filmmakers' exploitation of extreme criminal behavior, ranging from kiddie porn and pedophilia to animal torture and beatings with baseball bats.

The presence of Ashton Kutcher, who executive produces, ensures solid opening-weekend grosses, but what his fan base will make of this weird melodrama is hard to predict. Certainly, "The Butterfly Effect" goes in the opposite direction of his first two films, "Dude, Where's My Car?" and "Just Married."

Kutcher's Evan Treborn has many missing gaps in his past, blackouts he experiences from an early age where he is unable to recall traumatic events. While brain scans show no abnormalities, his mother (Melora Walters) worries desperately because his father, long ago locked up in a loony bin, experienced similar mental black holes.

A psychologist (Nathaniel Deveau) suggests that he keep a diary detailing his daily life. In college years later, he happens upon these notebooks and reads a passage

to himself but to his childhood sweetheart Kayleigh (Amy Smart), her brother Tommy (William Lee Scott) and a neighborhood buddy, Lenny (Elden Henson). The root of all evil here is Kayleigh and Tommy's abusive father (Eric Stoltz). By altering these past incidents, however, Evan returns to a vastly changed present. And each time he thinks he has altered everyone's life for the better, he discovers that he has made some things worse.

There is sly comedy in the idea that altering one event will transform Kayleigh from a bubbly sorority girl to a drug-addicted whore. Or change Tommy from a psycho ex-con to a heroic frat boy. Or transfigure Lenny from a fat, institutionalized killer to a slim and bright student.

Evan himself doesn't change that much other than his choice in wardrobe and roommates. He remains a guy driving himself crazy by trying to create a happy ending but getting outsmarted by uncontrollable chains of events.

Kutcher makes the incredible credible by approaching each of his altered roles with realistic acting. Ditto the rest of the cast, who anchor the wacky transformations with thoroughly believable and engaging performances. Just as the best comedy is delivered with a straight face, the best melodrama is executed with passion and conviction.

Suddenly, Evan is thrust back in time, reliving an event his mind refused to record. Back in the present and with a nosebleed to show for his time travel, Evan realizes that these blackouts are a kind of bookmark to which he can travel back whenever he reads a passage leading up to an unremembered event.

Inhabiting his childhood body, Evan finds he is able to alter these terrible events and thereby undo the damage done not only



Free, confidential health
advice from people
who are actually qualified
to give it.

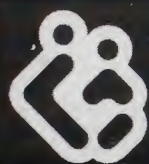
Telehealth Ontario
1-866-797-0000

TTY: 1-866-797-0007

Free access to registered nurses
24 hours a day, 7 days a week.
www.HealthyOntario.com

Easy for ON days

... Essential for OFF days

GROGGY**Free Stuff!**Go to : groggy.com» » » Community page » Snack break » Contest
Password : 0204LNUOffer expires Feb 27, 2004 - limited quantities while supplies last
See if you are lucky!!

Laurentian University Continues to Attract a Growing Number of Students

According to recently released numbers by the Ontario Universities' Application Centre, Laurentian University continues to attract a growing number of students.

No less than 1,163 students made LU their first choice compared to 795 in 2002, an increase of 46.3%. This hike is substantially higher than the province-wide increase of 19%.

This positive trend comes on the heels of the significant numbers of last year, the year of the double cohort, caused by the elimination of the OAC in Ontario.

In 2003, the highest ever number of secondary students, 1,778 students, made Laurentian University their first choice. The number of first choice students applying this year is obviously less than last year, but the drop at Laurentian (28%) is less than the province-wide decrease of 30%.

Laurentian President Dr. Judith Woodsworth is thrilled by these preliminary numbers. "With its varied programs

and small class sizes, Laurentian continues to attract the interest of quality students from across Ontario. We did exceptionally well in accommodating the large intake of double cohort students in September 2003 and there is continued trust in our capacity to maintain the same level of quality and diversity of our programs in the coming years."

"With its varied programs and small class sizes, Laurentian continues to attract the interest of quality students from across Ontario....there is continued trust in our capacity to maintain the same level of quality and diversity of our programs in the coming years."

- Judith Woodsworth

As of January 14, the total number of applicants choosing Laurentian University as one of their choices has increased by 61.6% from 2002 (5,912 from 3,658).

These numbers are well above the provincial average as applications from secondary schools across the province for the 2004-2005 academic year have increased by just 24.5% compared with 2002-2003.

Cambrian College and Laurentian University Sign Partnership Agreements

Press Release

Cambrian College President Sylvia Barnard and Laurentian University President Judith Woodsworth today signed articulation agreements that will enhance and encourage educational mobility between a number of Cambrian's diploma programs and a number of Laurentian's degree programs. The signing ceremony also reinforces a partnership that was first established in 1992.

In addition to the renewal of the global Agreement for Partnership and Collaboration in Higher Education, the ceremony also included the renewal of an agreement between Laurentian's School of Human Kinetics and Cambrian's Physical Fitness and Leisure Management program; the renewal of an agreement between Laurentian's School of Commerce and Administration and Cambrian's Business Administration and Business Administration - Accounting programs; and the signing of a new agreement between Laurentian's School of Human Kinetics and Cambrian's Nature-Based Adventure Tourism program.

The agreements formally recognize credits from the above-mentioned Cambrian College diploma programs and provide an opportunity for graduates to obtain an Honours Bachelor of Physical and Health Education degree, an Honours Bachelor of Commerce degree, or an Honours Bachelor of Physical and Health Education - Outdoor Adventure degree from Laurentian University.

Conversely, Laurentian University students registered in the above degree programs, but who choose not to or who are unable to complete the requirements for graduation, have, depending on the courses completed at Laurentian, the option of transferring to diploma programs at Cambrian.

Through these agreements, the two postsecondary institutions are providing a mechanism for students to expand their knowledge and expertise and to further their employment opportunities by marrying the applied elements of a college education with the theoretical base of a university degree.

"This is a perfect example of how educational institutions are working together to combine the strength of colleges and universities," said Cambrian President Sylvia Barnard. "Through these agreements, we are providing students with a seamless education, encouraging continuous learning, and ensuring that students have a full array of educational choices."

"These partnerships are of great value since they draw on the combined resources of the University and the College," explained Laurentian University President Dr. Judith Woodsworth. "We are very pleased that we are able to expand educational opportunities for Northern Ontario students by working alongside our partners."

The agreement signed today is one of many that Cambrian and Laurentian have signed over the past 10 years in an effort to enhance student mobility between university and college.

Huntington Music Professor Addresses Void of Knowledge

Press Release

On Friday, February 6, at 2:30 p.m., Huntington University will celebrate music professor Dr. Charlotte Leonard, who recently published the book entitled *Seventeenth-Century Lutheran Church Music with Trombones*. The reception will take place in Huntington's Lautenslager Hall (Social Centre). Members of the University community are invited to attend.

Seventeenth-Century Lutheran Church Music with Trombone, published by A-R Editions in Middleton, Wisconsin, addresses the void of knowledge concerning the use of instruments with voices, highlighting the role of the trombone in the Lutheran Church music of 17th-century Saxony and Thuringia. The six composers represented in the book are those who were highly regarded in their time and prolific producers of sacred music, although few of their works are available in modern editions.

The works presented provide an overview of central German Lutheran Church music with voices and instruments from the early, middle and late portions of the 17th cen-

tury, focusing on the variety of musical structures, instrumentations and uses of instruments with voices available in the period.

Dr. Leonard, chair of the Department of Music at Huntington University, one of Laurentian University's federated institutions, has a Master of Music degree in trombone performance from the University of Michigan and a Ph.D. from Duke University.

Over the course of her academic career, she has published in the *Historic Brass Society Journal*, and has given papers for the 8th and 9th Biennial Conference on Baroque Music, American Bach Society, Canadian University Music Society, and Early Brass Festival.

She teaches courses in music history, trombone, low brass, and brass music education. Dr. Leonard is a founder of the Northern Brass and Northern Brass Choir, in which she performs and co-directs, and is active as a clinician, adjudicator and arranger.

She is Principal Trombone for the Sault Ste. Marie Symphony Orchestra, and past Principal for the Sudbury Symphony Orchestra. Dr. Leonard also coordinates the Northern Ontario Music Festival All-Star Concert Band.

All Hail to the Dedicated Toga-Goers!!!

